

# YOUNG LEADERSHIP PROJECT

FROM 16 TO 30

Volunteer, make a difference,  
and gain experience in the  
voluntary sector

## The Young Leadership Project is making a difference

This project enables young people and young professionals (30 - 16 years) to volunteer with Suffolk charities, voluntary and community sector organisations as leaders.

We specifically run the Suffolk Young Trustee Programme, supporting young people to become Young Trustees or Young Shadowing Trustees.

Get in touch if you are 30 years and under or an organisation who would like to find out more.

**Less than 3%**

*of trustees are aged 30  
years and under*



# Tell me more



## Suffolk Young Trustee Programme

### Who are CAS?

Community Action Suffolk (CAS) supports organisations in Suffolk's Voluntary, Community and Social Enterprise (VCSE) sector, to enable them to operate more effectively.

### What is a trustee?

Trustees are volunteers, who together manage and oversee the running of a charitable organisation.

Trustees serve on a board and hold a collective responsibility to make sure that their charity is achieving its aims and financially sustainable.

As a trustee, you should be willing and able to give time, experience, skills and enthusiasm.

## 59 years

*average age of trustee  
in England & Wales*

## Suffolk Young Trustee Programme

This programme will connect motivated young people with voluntary organisations, looking to welcome a young trustee or shadowing trustee onto their trustee board.

Benefits of having a young person joining a board are wide ranging. The new perspective younger people bring, increase in diversity of a board, reflecting community you serve, as well as creating a pathway for future trustees.

Young people increase their confidence, use skills and gain experience.

# A pathway for young trustees

## How does the programme work?

Young Person is placed with an organisation for one year as Young Trustee or Shadowing Trustee

Young Person attends board meetings

Attends 'Get on Board' training - introduction to Trustees Roles and Responsibilities

Follows groups recruitment processes and induction

Shadowing role is a non-voting role.

## Interested in a full trustee role?

We can also help you find an opportunity.

## What does Shadowing Trustee mean?

Young people can serve as a non-voting 'Shadowing Trustee', which means you can observe during meetings and contribute to discussions, however you will not take on any personal liability. As you are a non-voting member of the board, this is an opportunity to experience trusteeship without legal responsibilities.

## Boards can consider

Full trustee, young trustee or shadowing trustee role?

Minimum age 16,17 or 18 + ?

Who could be the mentor?

**ARE YOU A YOUNG PERSON OR GROUP INTERESTED?**

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