



W/C 31st January

Tues 1 February  **Subsidised**
2:00PM - 4:00PM.
Youth Mental Health First Aid Training
Session 3 of 4
(Zoom)

Weds 2 February
1:30PM - 4:30PM.
Business Planning Tools and Techniques
(Zoom)


Weds 2 February  **Subsidised**
7:00PM - 9:00PM
NOCN Level 2 Theory of Youth Work
Session 1 of 6
(Zoom)

Thurs 3 February
10:00AM - 12:00PM
Introduction to Trustee Roles and
Responsibilities
(Zoom)

Sat 5 February
10:00AM - 5:00PM
Working with Conflict and Challenging
Behaviour
(In-person)


W/C 7th February


Mon 7th February 10:00AM - 1:00PM
Dealing with Challenging Volunteer
Situations
(Zoom)

Tues 8 February 2:00PM - 4:00PM.
Youth Mental Health First Aid Training
Session 4 of 4  **Subsidised**
(Zoom)


Tues 8 February 10:00AM - 11:30AM
Funder in Focus - First Steps Enterprise Fund
(Zoom)


Weds 9 February 1:30PM - 4:30pm
Income generation and funding
(Zoom)


Weds 9 February 1:00PM - 4:00PM
Youth Mental Health AWARE  **Subsidised**
(Zoom)


Weds 9 February 7:00PM - 9:00PM
NOCN Level 2 Theory of Youth Work
Session 2 of 6  **Subsidised**
(Zoom)

Thurs 10 February 9:30AM - 1:00PM
Finance Essentials for Trustees and
Treasurers
(Zoom)

Thurs 10 February 10:30AM - 12:00PM
Buddy Up Volunteer Training
(Zoom)  **Subsidised**


Thurs 10 February 7:00PM - 8:30PM
Buddy Up Volunteer Training
(Zoom)  **Subsidised**


Sat 12 February 10:00AM - 1:00PM
Working with young people: communication
skills
(In-person)  **Subsidised**

Sat 12 February 10:00AM - 1:00PM
Understanding young people: Stress
(In-person)  **Subsidised**


W/C 14th February

Mon 14 February
10:00AM - 11:30AM.
New! Meet the experts: Understanding
the pros and cons of becoming a CIC
(Zoom)

Tues 15 February  **Subsidised**
10:00AM - 11:30AM
Understanding Impact 1
(Zoom)

Wednesday 16 February  **Subsidised**
1:00PM - 3:30PM
Young people, mental health & wellbeing
(Zoom)

Weds 16 February
1:30pm - 4:30PM
Support and supervision of staff
(Zoom)


Weds 16 February  **Subsidised**
7:00PM - 9:00PM
NOCN Level 2 Theory of Youth Work
Session 3 of 6
(Zoom)

Thurs 17 February
10:00AM - 12:30PM
Introduction to Safeguarding
(Zoom)


Fri 18 February
10:00AM - 12:30PM
How to write a successful grant
application
(Zoom)

FEBRUARY 2022 Events calendar

W/C 21st February

Weds 23 February  **Subsidised**
7:00PM - 9:00PM
NOCN Level 2 Theory of Youth Work
Session 4 of 6
(Zoom)

W/C 28th February

Weds 2 March  **Subsidised**
7:00PM - 9:00PM
NOCN Level 2 Theory of Youth Work
Session 5 of 6
(Zoom)

For more information and to book

Go to our Events Calendar page, click on the event you want to attend for more details and to register

<https://www.communityactionsuffolk.org.uk/events/>

FAQ

How do I book?

Go to our events calendar on our website. Locate the event on the relevant date or by searching via event category. Each event has its own booking link at the bottom of the course description.

<https://www.communityactionsuffolk.org.uk/events/>

What does VCSE mean?

It stands for Voluntary, Community and Social Enterprise. The term also includes Charities.

Can you run a course just for our organisation?

Yes we can. All of our courses can be run solely for your organisation in their current form or adapted to meet your needs.

Spotlight on ...

Subsidised Training

Community Action Suffolk is often fortunate to receive funding for specific projects, which can enable us to offer places on some training courses at no charge to participants, with those training costs being paid for from the project budget instead.

You will notice that some of the courses on our calendar are marked



This means that you will be able to attend these courses without needing to pay.

Some examples of our current subsidised training:

Suffolk Youth Focus

This project's aim is to enhance and encourage positive activities in the community which support our young people and give them the confidence and ambition to thrive.

This project is offering a wide range of Youth Focused training, all of which is currently subsidised.

Suffolk Community Restart

This project is focused on enabling community groups and organisations to restart or adapt their services during the Pandemic. As part of this, the project recognises there may be a variety of training needs.

The project can subsidise places on CAS training courses, but also on courses by external providers, for example first aid and specific sports or coaching qualifications.

To find out how to request subsidised training through this project visit:

<https://www.communityactionsuffolk.org.uk/community-restart-training-support-and-events/>

What people have said about our training

[It was] good to think about different types of data and compare what we currently collect versus what we actually need to be collecting

Understanding Impact 1, Nov 2021

Comprehensive coverage of the treasurer role with practical information for day to day execution.

Finance Essentials for Treasurers and Trustees Dec 2021

Essential for anybody involved in Youth Work

NOCN Level 2 Theory of Youth Work Sept 2021

Coming up in March

Introduction to Volunteer management: Volunteers and The Law

Innovative Approaches to Volunteering

Running an Effective ESV programme

Budget Management

Cash Flow

Youth Mental Health First Aid

Practical Youth Work Skills

Introduction to Youth Participation

Health and safety Premises management

Introduction to safeguarding

Designated Safeguarding Lead: Referral and what happens next

Buddy Up Volunteer Training

Understanding Impact parts 2 & 3

Special Offers

The following are currently being subsidised so there is no charge to book a place:

- NOCN Level 2 Theory of Youth Work (2nd Feb)
- Funder in Focus - First Steps Enterprise Fund (8th Feb)
- Youth Mental Health AWARE (9th Feb)
- Buddy Up Volunteer Training (10th Feb)
- Working with young people: communication skills (12th Feb)
- Understanding young people: Stress (12th Feb)
- Understanding Impact 1 (15th Feb)
- Young people, mental health & wellbeing (16th Feb)

We can fund your training!

As part of the Suffolk Community Restart project, we may be able to fund your place on any of our training courses, where you can demonstrate a clear need for the course.

You can request a funded place by completing this form:
<https://forms.office.com/r/aWQK9jhHQg>

Free 1-1 Surgeries

We offer FREE 1-1 surgeries with our officers on a variety of subjects:

- Funding & Sustainability
- HR
- Governance
- Marketing
- Safeguarding policy development

To book a 1-1 please visit our 1-1 calendar:

<https://www.communityactionsuffolk.org.uk/organisation-support/traininganddevelopment/1-to-1-surgeries/>