





WHO ARE WE? WHAT DO WE DO?







The Eden Project is a charity. We are ordinary people trying to change the world. Join us.



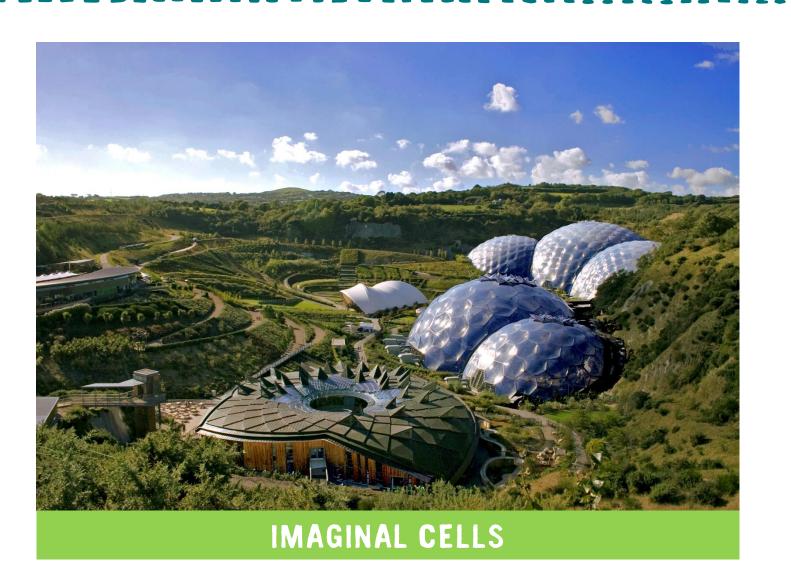


The Eden Project is home to the Eden Trust – Registered charity no. 1093070











'THIS CENTURY IS GOING TO DEMAND THE **BEST OF US. WE NEED** FLEXIBLE, INNOVATIVE, **INSPIRED AND STRONG** INDIVIDUALS AND **COMMUNITIES, READY** TO RESPOND TO THE **BEST OF THEIR ABILITIES TO THE** CHALLENGES AHEAD'.



DR TONY KENDLE, ECOLOGY CONSULTANT, EDEN PROJECT



TRANSFORMATION CONNECTION COMMONALITY

WE SUPPORT PEOPLE TO MAKE POSITIVE CHANGE AND CONNECTIONS IN THE PLACES WHERE THEY LIVE.



OUR MISSION



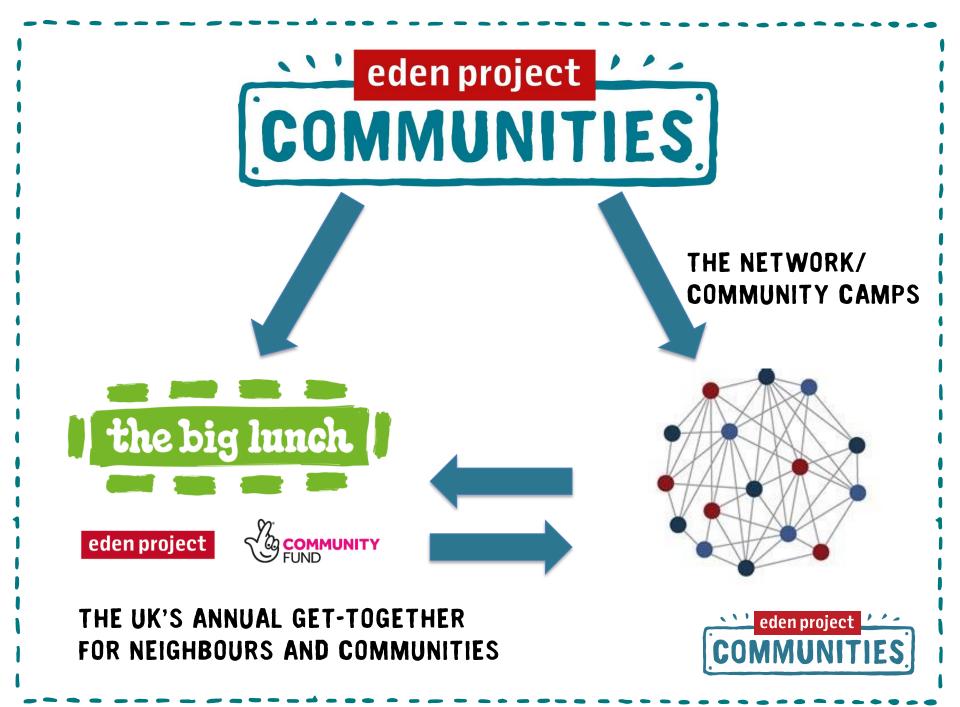
WE CONNECT PEOPLE AND COMMUNITIES, ENCOURAGING EVERYDAY PEOPLE TO MAKE POSITIVE CHANGE WHERE THEY LIVE



We have a vision of a world full of happier and healthier communities where people know one another and neighbourhoods thrive



- 1. CREATING OPPORTUNITIES FOR PEOPLE TO SHARE MORE, CONNECT WITH OTHERS AND HAVE FUN
- 2. SUPPORTING AND ENCOURAGING PEOPLE TO GET INVOLVED WHERE THEY LIVE
- **3. BUILDING** GREATER EMPATHY BETWEEN PEOPLE AND COMMUNITIES
- 4. CELEBRATING THE HUMAN AND THE EVERYDAY
- 5. CHAMPIONING INCLUSIVITY AND CELEBRATING DIVERSITY
- 6. MAKING THE BIG LUNCH A NATIONAL SHARED MOMENT THAT UNITES US, OUR NEIGHBOURHOODS AND COMMUNITIES





THE BIG IMPACT OF THE BIG LUNCH

ON AVERAGE, 7 MILLION PEOPLE TAKE PART IN THE BIG LUNCH ACROSS THE UK EACH YEAR.

AN AVERAGE OF $\pounds 8$ MILLION IS RAISED EVERY YEAR FOR LOCAL CAUSES OR CHARITIES.



BRINGS PEOPLE TOGETHER

81%

of participants said taking part made them **feel part of something bigger** this year Almost **1.2m** Big Lunches have taken place all over the UK since The Big Lunch began in 2009 took part in **The Big Lunch** and **The Big Jubilee Lunch 2022**

17.2M

That's 1 in 4

people across

the UK!





15.3M people say The Big Lunch got people talking to each other



of Big Lunch attendees now **feel a stronger sense of community** 12.8M people feel closer to neighbours after going to a Big Lunch **11.7M new friendships** were made as a result of The Big Lunch this year



MAKES A DIFFERENCE



was raised at Big Lunch events, **75%** of which was for **local causes or charities** of Big Lunch participants say they're now more likely to **get involved in community activities**

73%

11.7M

people say The Big Lunch helped them **feel less lonely**



IS NEEDED!



of participants say The Big Lunch has had a **positive impact on their community** **95%** of organisers say it is needed to help **rebuild communities** after the **Covid-19 pandemic**



of organisers say The Big Lunch is important to help **connect communities** during the **cost of living crisis**







eden project 🟒 🚄

- or simply to say thank you





 Meet new people in your community



- Share food and reduce waste
- Reduce loneliness and isolation
- Build a support network
- Have a bit of festive fun!



THEBIGLUNCH.COM







COMMUNITY CAMPS - HOW DOES IT WORK?



TWO WAYS TO GET INVOLVED!

1. Face to Face Community Camps **2.** Online Community Camps



DATES FOR 2023



ONLINE COMMUNITY CAMP: JANUARY

Monday 30th

FEBRUARY

Thursday 2nd Monday 6th Thursday 9th Monday 13th

ALL SESSIONS 6.30 - 9PM

www.edenprojectcommunities.com/community-camps



WHO IS CAMP FOR?



ARE YOU INTERESTED IN, OR NEW TO, COMMUNITY ACTION? OR

- Just starting out on their journey.
- Interested in becoming more active in their community.
- Held a Big Lunch or Big Jubilee Lunch for the first time.
- Are involved with mutual aid groups or helping neighbours.
- Have more time to get involved in their community.



www.edenprojectcommunities.com/community-camps

WHAT TO EXPECT FROM COMMUNITY CAMP?



NETWORKING!

PRACTICAL RESOURCES! INSPIRING TALKS! IDEAS! NEXT STEPS: further reading learn more become part of the Network supported by like-minded

 supported by like-minded peers



www.edenprojectcommunities.com/community-camps

DARREN KENCH

COMMUNITY NETWORK DEVELOPER - CENTRAL ENGLAND

dkench@edenproject.com

www.facebook.com/groups/epccentralengland





THANK YOU



www.edenprojectcommunities.com/newsletter-signup

